



Health and Safety Policy

Statement of Intent

Stadium Runners will do all that is reasonably practicable to ensure the health and safety of its volunteers, members and participants.

As per the England Athletics Club Standards, Stadium Runners has a duty of care towards members and are responsible for ensuring all club activity is safe. The club will protect everyone involved in the club's activities (e.g. runners, volunteers, coaches, club members, visiting runners and spectators) from risks to their health and safety arising out of, or in connection with, their activities with the club.

Stadium Runners want all participants to enjoy running with the club in a safe environment and wish to ensure that they have a positive experience. This policy and its included procedure will ensure all members and volunteers know what to do in the event of an accident or incident.

Responsibilities for Health and Safety

The Stadium Runners Committee have responsibility for overseeing the health and safety of the club. Any health and safety concerns will be raised and discussed at the monthly committee meetings. Any necessary review of health and safety documentation, including risk assessments, will be approved by the committee.

The following people hold key health and safety related roles within the club, but overall responsibility lies with the full club committee.

Health and Safety Co-Ordinator – Ashleigh Greenwood (Club Committee Chair)

Covid-19 Officer – Rob Buchanan (Club Committee Member)

Arrangements for Health and Safety

Stadium Runners ensures a detailed risk assessment is in place covering all of the foreseeable hazards related to general club operation on training nights. This includes requiring all runners to wear high visibility or reflective clothing (with headlights in winter), running in designated zones, booking onto sessions through the Run Together app and ensuring qualified Run Leaders are in place. This risk assessment will be reviewed on an annual basis, or if any running circumstances or conditions change.

It is accepted that there is an element of risk when running outside, such as tripping on tree routes. Runners are responsible for their own safety in this respect but are directed as much as possible by the Run Leaders.

A risk assessment will also be put in place when the club hosts an event outside of these training nights, for example, a West Yorkshire Winter League Cross Country Race or the Marsden 10 race.



All new members will have access to this Health and Safety Policy to ensure they are aware of the key contacts should they require them.

All new Run Leaders will be provided with an introductory training session by the Run Leader Co-Ordinator (a Committee Member) to ensure they are briefed with the necessary items they must carry when leading a run, and what to do in the event of an incident or accident.

Procedure for dealing with an incident or accident

The Health and Safety Co-Ordinator will hold the club's accident and incident record book. Run Leaders are briefed that in the event of an accident or incident, they should contact the Health and Safety Officer by phone, if urgent, or email following the run if not urgent, and provide details of the accident or incident for recording purposes.

All Run Leaders are required to carry a mobile phone when they are undertaking run leader responsibilities to ensure they can contact the emergency services if required, or request assistance from a fellow Run Leader.

All Run Leaders are provided with a contact number list which includes all Run Leaders contact numbers and email addresses. They are requested to save these numbers in their own mobile phone that is carried with them on training nights. This therefore enables them to contact fellow Run Leaders for assistance during a run if they need to do so.

Policy Review

This policy will be reviewed on an annual basis, or immediately after any significant incident or accident, by the Health and Safety Co-Ordinator, with approval of the Club's Committee.

Further Information

Further information regarding health and safety can be found on the [England Athletics website](#).