

Risk Assessment: Stadium Runners training session

Date:	Assessed by:	Location :	Review :
18/09/2026	Ashleigh Greenwood	Kirklees Active Leisure sites	01/09/2027

What are the risks?	Who might be harmed or effected and how?	What are you already doing?	Risk Rating
Not enough run leaders to operate sessions safely	All participants, sessions could be cancelled or altered.	- Recruitment and management of a team of run leaders. - Run leader rota in place and renewed at beginning of each quarter. - Stadium representative to ensure that enough run leaders are available for each group to operate safely. - As a guide groups should consist of 1 qualified run leader per 10 runners. - Where necessary groups will be altered depending on run leader availability, for example if there is not enough run leaders, 2 groups could be asked to merge. - Contact Kirklees Active Leisure if we believe for any reason we cannot fulfil our obligation to operate sessions safely.	L
Participants are unprepared for participation in sessions	Anyone participating in session	- Information about how different groups operate is made available on Stadium Runners website, links from social media. - New participants are introduced to the different groups and advised which option might work best for them. A verbal check of appropriateness will be carried out. - Stadium representative to deliver briefing at beginning of each sessions introducing run leaders and encouraging those with injuries to discuss it with relevant run leader before they start the session. - It is the responsibility of the participant to disclose ill health or injury and seek out the run leader for a discussion.	L

		Stadium representative to advise all participants that they should be wearing a high visibility training top. However, the wearing of high viz is at the runner's discretion but should be strongly encouraged.	
Risk of injury	Anyone partaking in training session. Participants could get lost, left alone or left unattended crossing roads. Participants are at risk from traffic, other road users and not being able to call for support if they require it	- All run leaders hold relevant run leader qualification. - Each run leader carries stocked first aid kit, contact numbers, £10 and a charged mobile phone. - Run leaders are briefed in advance to plan a route in a particular zone and a route that is appropriate for the conditions. - Run leaders are asked to dynamically assess runs and ensure they remain appropriate for the group. - Run leaders will give verbal instructions and directions during the run to assure participants of meeting points. - Run leaders will head count runners and manage the group in a way to lessen the risk of runners being left behind or lost. - Run leaders will verbally warn runners of upcoming obstacles that need to be considered, if they are aware of them. - If someone is injured during a session or cannot continue for any reason then a run leader should discuss options for the runner to return to the start. This could include being offered a taxi, being accompanied back by a fellow runner or making their own way back on foot or by another arrangement. More serious incidents may require emergency services. - Run leaders should head count runners upon return to the start to ensure that everyone has returned. If they suspect somebody has not returned, then they must alert a member of staff at Kirklees active leisure to discuss further action. - Participants always remain responsible for their own safety during any session	M
Under 18 runners	Under 18s taking part in training sessions	- Runners aged 16 – 17 years old are permitted to take part in training sessions with consent from an over 18 year old (parent or guardian) through the signing of a membership form with the Membership Secretary - Under 18 runners must following the same booking procedures as all other runners, and take part in sessions following the same guidance	L