

Risk Assessment: Stadium Runners Track Session

Date:	Assessed by:	Location :	Review :
18/09/2026	Ashleigh Greenwood	Kirklees Active Leisure sites	01/09/2027

What are the risks?	Who might be harmed or effected and how?	What are you already doing?	Risk Rating
Not enough run leaders to operate sessions safely	All participants - sessions could be cancelled or altered.	• Session led by a qualified coach • Recruitment and management of a team of run leaders. • Run leader rota in place and renewed at the beginning of each quarter. • Stadium representative to ensure that enough run leaders are available for each group to operate safely – 1 run leader to 10 participants.	L
Participants are unprepared for participation in sessions	Anyone participating in session	• Information about how different groups operate is made available on Stadium Runners website, Run Together booking site, and on links from social media. • New participants are introduced to the different groups and advised which option might work best for them. A verbal check of appropriateness will be carried out. • Stadium representatives deliver briefing at the beginning of each session, introducing the session and encouraging those with injuries to discuss it with the run leader before they start the session. • It is the responsibility of the participant to disclose ill health or injury and seek out the run leader for a discussion. • The track session brings low risk as participants are close to the coach and building at all times.	L
Risk of injury	Anyone partaking in the training session.	• All run leaders hold relevant run leader qualification. • Session is organised by a qualified coach. • Run leaders are asked to dynamically assess runs and ensure they remain appropriate for the group. • Run leaders will give verbal instructions and directions during the run to assure participants know what to do.	M

		• Run leaders will head count runners. • If someone is injured during a session or cannot continue for any reason then a run leader should discuss options for the runner to stop or do an alternative session. More serious incidents may require emergency services. • Participants always remain responsible for their own safety during any session	
Under 18 runners	Under 18s taking part in training sessions	• Runners aged 12- 15 years old are permitted to take part in training sessions with consent from a parent/guardian (who must be over 18 years of age) through the signing of a membership form with the Membership Secretary. The parent/guardian must be a current member of Stadium Runners. The parent/guardian must also participate in the session. • The parent/guardian must take responsibility for the 12- 15 year old's welfare and behaviour throughout the session. • 12 - 15 year olds must pay as you go using the Run Together app. • 12 – 15 year olds must follow the guidance of the coach, as with all runners. • Run leaders complete safeguarding training. • The Run Leader/Coach managing the session should check before the session begins that any under 18 year olds meet the above criteria to be able to participate.	L